

## MARZIA AL-HAKEEM

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Dhaka-1205, Bangladesh

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### PROFESSIONAL SUMMARY:

A psychologist and an enthusiastic researcher, most of whose work experiences included facilitating training and workshops and conducting research alongside clinical practice and administrative role; with an aspiration of building a career in Psychology.

### WORK EXPERIENCES:

- 2021 Oct – present**      **Soft Skill Trainer** | Gender Equality and Returns Program  
International Finance Corporation | World Bank Group
- 2020 Mar -**                **Clinical Psychologist**  
**2021 August**            Telepsychiatry Research and Innovation Network (TRIN) Ltd.  
Dhaka, Bangladesh
- 2018 Sept –**             **Consultant Psychologist**  
**2020 Feb**                ARC Psychotherapy and Counseling Center  
Dhaka, Bangladesh
- 2018 June –**             **Mental Health Specialist of GBViE project**  
**October**                Mukti Cox's Bazar  
Cox's Bazar, Bangladesh
- 2015 - 2016**             **Online Teacher**  
Online School Program, Education Department  
JAAGO Foundation,  
Dhaka, Bangladesh

### ACADEMIC BACKGROUND:

- 2019**                      **M.Phil (Ongoing)**  
Dept. of Clinical Psychology  
University of Dhaka
- 2018**                      **M.Sc. in Clinical Psychology (CGPA 3.81)**  
Dept. of Clinical Psychology  
University of Dhaka
- 2016**                      **B.Sc. in Psychology (CGPA 3.63)**  
Dept. of Psychology  
University of Dhaka

### SKILLS:

- Psychometrics**            IQ tests (Wechsler scales), Neuropsychological tests, General Mental Health
- Computer Skills**        MS Word, MS Power Point, Adobe Photoshop, MS Excel, Internet Applications, SPSS, NVivo
- Languages**                Bengali, English, French
- Interests**                 Mental Health, Neuropsychology, Journals, Community Work

## RESEARCH AND PUBLICATION:

Title	Publication Status
Differences in Neuropsychological Profile of Children who Experienced Different Types of Trauma	Ongoing
Mental Health Care of patients with breast cancer in Bangladesh (2021)	Published in <b>The Lancet</b> . Psychiatry, 8 (1), 18-19
Mental Health Impact of COVID-19 in Bangladesh among online responders (2020)	Preprint available on - <a href="https://www.researchgate.net/publication/343627630_Mental_Health_Impact_of_COVID_-19_in_Bangladesh_among_online_responders">https://www.researchgate.net/publication/343627630_Mental_Health_Impact_of_COVID_-19_in_Bangladesh_among_online_responders</a>
Executive Functions of People with Drug Addiction	Published in the <b>Dhaka University Journal of Biological Science Faculty</b> Vol. 29 No. 2 (2020)
Current Status CBT Practice, Training and Research in Bangladesh	Presented in the <b>9<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Berlin, Germany 2019</b>
Total Physical Response's Effect on Learning Foreign Language (2015)	Unpublished

## EXTRA-CURRICULUR INVOLVEMENTS:

<b>2020</b>	<b>Contributor</b>   <b>Individual Differences in Social and Cognitive Orientation</b>   A cross-cultural research project by the University of Kent and University of Sussex
<b>2017</b>	<b>Transcriber</b>   <b>Intergenerational Transmission of Parenting Practices across two generations</b>   A Phd research
<b>2016</b>	<b>Trainer and Psychosocial Supporter</b>   Identity Inclusion
<b>2013 – 2017</b>	<b>Executive Committee Member</b>   Dhaka University IT Society

## TRAINING & WORKSHOPS FACILITATED:

Name of the Training/Workshop	Organization
Community-based Caregiver's Training Program	Neurodevelopmental Disability Protection Trust
Screen Addiction	Telepsychiatry Research and Innovation Network
Empathetic Leadership for Executives	Health Economics Unit, MHFW, Bangladesh
Anger Management	ARC Centre for Counseling and Psychotherapy
Assertiveness (for children)	HappyKiddo (A project of TFB funded by Queen's Commonwealth Trust)
Orientation on Basics of CBT	Department of Clinical Psychology   University of Dhaka
Basics of Psychosocial Support	Mukti Cox's Bazar
Relaxation Techniques	ARC Centre for Counseling and Psychotherapy
How to Boost Self-Esteem up	ARC Centre for Counseling and Psychotherapy
Basic Communication Skills for Providing PSS	Identity inclusion

## TRAINING & WORKSHOPS RECEIVED:

Date	Name of the Training/Workshop	Organization
13 <sup>th</sup> – 15 <sup>th</sup> March 2020	ToT on Parenting Training	Department of Clinical Psychology   University of Dhaka
25 <sup>th</sup> - 26 <sup>th</sup> September & 23 <sup>rd</sup> – 25 <sup>th</sup> October 2019	Training on Systemic Family Therapy (Level-1)	Department of Clinical Psychology   University of Dhaka
16 <sup>th</sup> - 19 <sup>th</sup> September 2019	Training on Applied Behavior Analysis	Department of Clinical Psychology   University of Dhaka
11 <sup>th</sup> to 25 <sup>th</sup> April 2019	Comprehensive Training on Mental Health issues and Psychological Management of Children and Adolescents	Department of Clinical Psychology   University of Dhaka
5 <sup>th</sup> to 14 <sup>th</sup> January 2019	Qualitative Research: Inception to Analysis and Report Writing	Nasirullah Foundation Conference Hall, Department of Clinical Psychology   University of Dhaka
18 <sup>th</sup> and 19 <sup>th</sup> November 2018	Training on Sociometry, Psychodrama and Group Psychotherapy by Dr. Herb Propper	Center for Mental Health and Care, Bangladesh (CMHC,B)
16 <sup>th</sup> March to 8 <sup>th</sup> April 2017	Comprehensive Training on Cognitive Behavior Therapy	Department of Clinical Psychology, University of Dhaka
1 <sup>st</sup> - 10 <sup>th</sup> October 2016; 5 <sup>th</sup> - 10 <sup>th</sup> November 2016; 3 <sup>rd</sup> - 4 <sup>th</sup> March 2017	A three-phase Training on Youth and SDG <u>Outcome:</u> Conducted a research project and awareness campaign on SDG 3 – Health and Wellbeing	Global Platform Bangladesh, ActionAid
28 <sup>th</sup> March and 1 <sup>st</sup> , 2 <sup>nd</sup> , 8 <sup>th</sup> April 2016	4 days TOT workshop on Comprehensive Skills for Psychosocial Supporters	Identity Inclusion
9 <sup>th</sup> and 10 <sup>th</sup> May 2015	Training on Psychological First Aid	Nasirullah Psychotherapy Unit (NPU), DU
12 <sup>th</sup> March - 16 <sup>th</sup> March 2014	Active Citizens Youth Leadership Training Program <u>Outcome:</u> Developed & implemented a Social Action Project (SAP)	British Council

## AWARD RECIEVED:

**Halliday Quinn Scholarship 2018**

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## REFERENCES:

*Available on request.*

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